



## Frodsham Primary Academy

### **Newsletter 37**

7<sup>th</sup> July 2023

Welcome to the latest newsletter.

This week has been incredibly busy for all classes.

Our Y1/2 children completed their local area trip this week linking to their History unit. They visited the local market and spoke to stall owners about what they sell and why. The children found out lots of key facts.

Thank you to all the parents and siblings who came in for our year 3/4 Greek food making afternoon. Our children had a fantastic time and made some delicious food. We will definitely be doing more events like this!

Year 5/6 completed their 'Young Enterprise' day today. They had to work in teams and then present a business plan to two business volunteers. Their pitches were amazing... Dragons Den, watch this space!

Finally, our resource class had their trip to the farm today. Children and staff had a fantastic time. Great first-hand experiences of holding and feeding different animals.

A huge thanks to Mr Daniels who came in to speak with our whole school about his career in the Royal Navy. This was a fantastic introduction into careers and left the children with fantastic ambitions for their future.

It is our in-school transition days on Monday and Tuesday as our Y6 children go for their visit to Helsby. We hope all children have a wonderful few day's with their new teachers.

Have a fantastic weekend,

Mrs Callaghan



# **School celebrations**



We achieved the School Games Gold award for the second year running for our commitment to sport and physical activity.



We were awarded the 'Outstanding Conservation Initiative' award at the Chester Zoo awards ceremony for our commitment to supporting the illegal wildlife trade and conservation.



We received a 5\* food hygiene rating after our food inspection for the kitchen and breakfast and afterschool club. This week in Early Years we have continued to look at our book 'Somebody Crunched Colin'. We created our plans based on the story but innovated our own ideas. We then wrote the story with different characters and a new ending. In Maths we have been learning all about time and sequencing events. We looked at the order of a school day, and the steps that are needed when making a sandwich. We used vocabulary such as first, then, next, finally, and then made our very sandwiches which we took home to enjoy. We also made our own clocks and learned about the different hands, also testing what we could do in 10 seconds or 1 minute. Next Wednesday we are going to Chester Zoo, please check tapestry for a message for a reminder of what the children will need to bring with them.

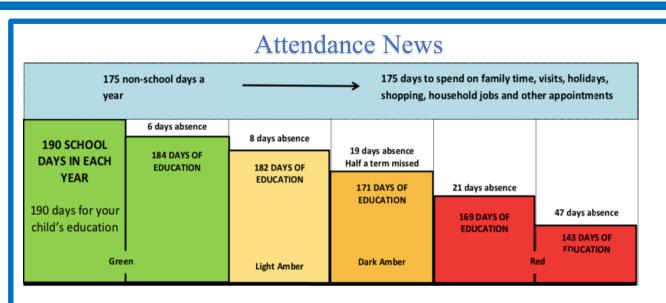
#### **Miss Curtis**

Snowy Owls have been busy this week! In maths we finished off our measurement topic, learning about volume, mass and temperature. We looked at what units we use to measure each one and experimented with measuring jugs, scales and thermometers. We had a brilliant time on our trip to Frodsham market. The children came up with and asked great questions and even bought their own sweets too! All children were so well behaved and were very polite too! They should be very proud of themselves. Today we ended out week with some Art. We used oil pastels to put our geometric designs onto cotton sheets, ready to make our very own books. Well done everyone! Communication Miss Sands

This week Hawk Owls have started to write a narrative from another characters perspective. The children are really focusing on the writers' knowledge that we have learnt over the school year as well as making sure all of our basic skills are embedded. All of the children work is unique and really shows off the skills that they have developed this year. In maths, the children have been investigating shape further with lines of symmetry and properties of shape. This has then led to Year 4 looking at the different types of triangles. We finished the week with a Greek day. Overall, Greek day was a huge success and the children looked amazing. The children enjoyed their day and the all the different activities they were able to take part in from Olympic games to grape squashing with bare feet to Greek cooking. All the work produced was done to a really high standard and shows just how much the children knew about Ancient Greece and how much they enjoyed their topic this term. I'm sure we will all be talking about this day for a very long time! A huge thank you to all our parents and carers who have supported our learning and came into school to take part. **Mrs Price** 

Desert Owls have had a great week, working hard on their own but also in collaborative groups. In English we have been writing our diary entries based on Hansel and Gretel, and focusing on using figurative language. In Maths, we have been looking at converting metric units of measurement and then solving problems linked to this. Our Science lesson this week included a visit from the school nurses which involved learning about puberty. Year 6 then had a separate lesson about conception and birth. All of the children were very mature and the nurses were really impressed with their listening skills. On Friday, we had a whole day of 'Young Enterprise' . The children were given a real business problem to solve. They then worked in small groups to put together a project, with branding, a logo and a sales pitch. Two local business representatives came to listen to the children's presentations and were absolutely amazed with their creative ideas and confidence when presenting. I am really proud of every single one of them. Have a lovely weekend and good luck to Year Six next week when they go to Helsby for their transition days Mrs Hayes

This week is finally farm week! Tawny Owls have been waiting for this week for so long, they have been so excited. Children have spent the week preparing for our visit on Friday. They have learnt about how to behave at a farm, the different dangers there could be on a farm, and they have looked at the different things we might see at Hayrack when they go. They have spent time looking on the website to see what it looks like, for the children who have not been before, and they also have made their own leaflets and posters all about Hayrack. We had the best day ever! Miss Pemberton



80% attendance over 5 years = 1 whole year of education lost.

Research suggests that pupils who have an average of 20 days absent per school year see negative effects throughout their educational journey – resulting in a whole GCSE grade deficit by the time they leave secondary education.





#### **Events for Summer**

Coffee morning every Wednesday 9-10am with Mrs Callaghan

Monday 5 <sup>th</sup> June	School reopens
Wednesday 7 <sup>th</sup> June	Class Photographs in school.
Monday 12 <sup>th</sup> June	Y6 transition days to Helsby High School
Thursday 22 <sup>nd</sup> June	Selection of Y3/4 children-Helsby Sports competition
Tuesday 27 <sup>th</sup> June	District sports event 6.00-8.00pm CANCELLED
Friday 30 <sup>th</sup> June	SCHOOL CLOSED TEACHER INSET DAY
Tuesday 4 <sup>th</sup> and Wednesday 5 <sup>th</sup> July	Year 6 Helsby High open evening or parents and students
Thursday 6 <sup>th</sup> July	School Nurse into school to speak to Y6 children
Thursday 6 <sup>th</sup> July	Y1/2 local area trip to Frodsham Market
Friday 7 <sup>th</sup> July	Year 5/6 Young Enterprise Day
Friday 7 <sup>th</sup> July	Year 3/4 Greek day
Friday 7 <sup>th</sup> July	Resource Provision trip to the farm
Monday and Tuesday	Year 6 Helsby Transition Day
$10^{\text{th}}$ and $11^{\text{th}}$ July	Rest of school- 2-day transition day into new classes
Monday 10 <sup>th</sup> July	Information about new classes 2.30
Wednesday 12 <sup>th</sup>	Information about new classes 9.00am
Wednesday 12th July	EYFS trip to Chester Zoo
Thursday 13th July	Whole school Careers Day
Friday 14 <sup>th</sup> July	Year 5/6 Frodsham Hill Walk
Saturday 15 <sup>th</sup> July	Whole School summer fair
Monday 17th July	End of year reports go home
Tuesday 18 <sup>th</sup> July	EYFS Stay and Play 2-3pm
Tuesday 18 <sup>th</sup> July	Class drop-in session 3.30-4.30 pm
Tuesday 18 <sup>th</sup> July	Y6 Leavers night out- Mrs Hayes has sent information
Wednesday 19th July	Y6 Leavers assembly followed by mini tea party in class.
Wednesday 19th July	Whole school walk to finish our year for active travel with Sam
	from Sustrans
Thursday 20 <sup>th</sup> July	School closes for summer at 1.15pm

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#### Login with Facebook

# SATURDAY 15TH JULY 2023

JOIN US FOR OUR ANNUAL

# FREE ENTRY 12:00pm - 2:30pm

11:30am ASD friendly for identified children.

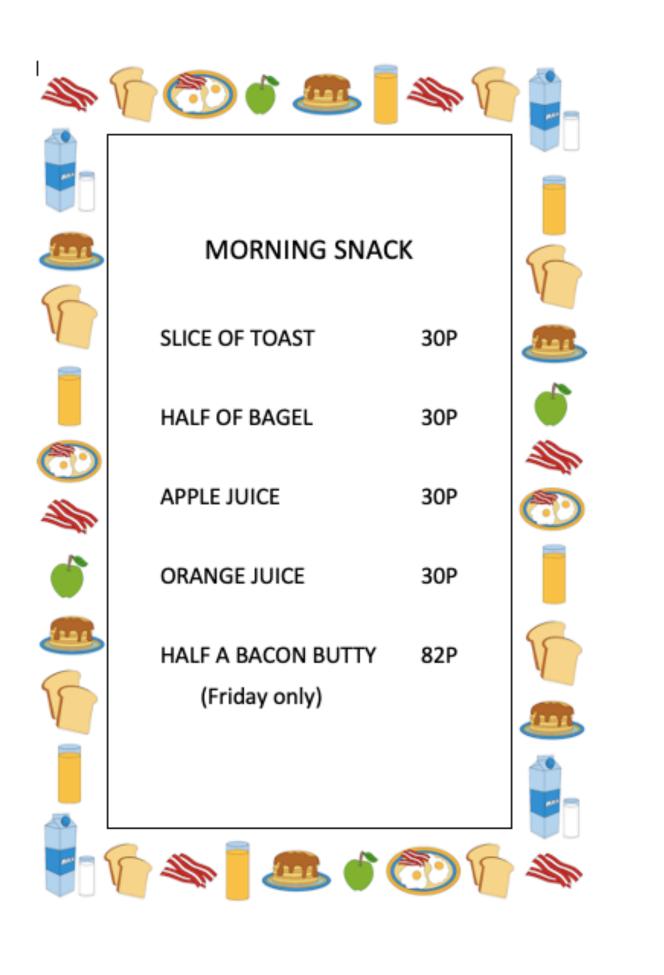
BBQ | GAMES | PRIZES | MUSIC FRODSHAM PRIMARY ACADEMY SHIP STREET, FRODSHAM WA67PZ

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# OPEN WATER:

Swimming in or playing near rivers and canals may seem like a great idea, particularly on a warm day, but it could all end in tragedy. DON'T take the risk.

#### THE WATER IS COLD...

...even on very warm days, rivers and canals contain water barely above 10 degrees. Sudden immersion can lead to cold water shock, which can cause gasping and intake of water.

#### This can be deadly in a matter of seconds.

#### DID YOU KNOW?

Even the narrowest of rivers can be considerably deep. Rivers are subject to strong flow and hidden currents which can trouble even the strongest of swimmers.

#### WHAT LIES 4 BENEATH?



The water is untreated and can make you ill.

Canals and rivers contain pollutants, sewage and often unseen underwater obstructions and snag hazards.



Debris under the water such 💿 as shopping trolleys, broken glass and cans can cause injury or trap you.

Remember, there are no ifeguards to help you at your local river, lake, canal or dam.

Rivers can be very difficult to climb out of, especially with steep or slimy banks. Stay clear of rivers with steep or unguarded banks.

IN AN EMERGENCY...NEVER enter the water to try and help a person or animal. You could get into difficulty yourself. Instead, dial 999 and use any water rescue equipment that is available.

If you fall into the water unexpectedly. fight your instinct to thrash around. instead, lean back, extend your arms and legs & float.



www.merseyfire.gov.uk

#### PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2022



COURTESY OF MONEY SAVING CENTRAL

#### ASDA CAFE

Kids eat for £1 all day, every day with no adult spend from 25th July - 4th Sept 2022

#### FUTURE INNS

Under 12's eat for free with any adult meal during the school holidays

#### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

#### YO! SUSHI

Kid's eat free from 3pm-5.30pm, Monday to Thursday until 1st September 2022

#### THE REAL GREEK

Kids eat FREE every Sunday for every £10 spent by an adult

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm. kids' mains are £1 with every adult meal.

#### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

#### PAUSA CAFE @ DUNELM

From June 27th kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend

#### MARKS & SPENCER CAFE

Likely But Not Yet Announced

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### MORRISONS

Spend £4.99 after 3pm daily & get one free kids meal (usually all day during half term)

#### HUNGRY HORSE

Kids eat breakfast free with every adult breakfast, daily from 9am - 12pm.

#### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Monday to Thursday

#### CAFE ROUGE

Kids eat for £1 when you order one adult's main meal. Excludes Saturdays

#### SA BRAINS PUBS

Children can eat for £1 with any adult main. Only valid Wednesdays but on all day

#### ANGUS STEAKHOUSE

One free children's meal per paid adult meal 12-5pm daily throughout the holidays

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto

#### FARMHOUSE INNS

Likely But Not Yet Announced

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# BEACH SAFETY:

#### MUD AND QUICKSAND

Large areas of the coast can have mud and quicksand which can cause you to get trapped and risk drowning.

#### REDUCE THE RISK



Check tide times Follow warning sign advice Avoid crossing estuaries and mud where there can be hidden channels or fast water

If trapped, sit back and spread your weight evenly across the surface

Stop others from trying to help you as they may get stuck Call **999** immediately and ask for the **Coastguard** 

#### IF YOU SEE SOMEONE STRUGGLING:



#### CALL 999

TELL the struggling person to float on their back THROW them something that floats Strong currents can sweep inflatables and people out to sea

#### FOLLOW THE FLAGS



There are lifeguards in the area. Swim between the two flags.

Do not enter the water. There could be unseen dangers such as currents.

No swimming in this area. There may be non-powered watercraft such as surfboards, kayaks, etc. in this area.

TOP TIP ALWAYS GO TO A BEACH WITH A LIFEGUARD



# 10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH





ROLE MODEL Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you

#### SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child

#### @BELIEVEPHQ

# TALKING

Support your child to talk about their problems and how they are feeling

#### COPING SKILLS

Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging

#### WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety

#### SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



#### AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

#### RELATIONSHIPS

Support your child to build positive relationships with friends and family

them to explore

PLAY

Promote play and creativity among

your child. Allow

#### RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing

