



Frodsham Primary Academy

Newsletter 26

31st March 2023

Welcome to the final newsletter of the spring term.

This week, we had our School Improvement Partner in school. This is someone that is commissioned to monitor and evaluate the quality of school improvement. He spent the whole day in school, observed phonics teaching throughout the school, observed all maths lessons and spent time in EYFS and our Resource Provision. He then looked through pupil workbooks and evaluated the curriculum that we have on offer for our children. This visit was very positive. The following points come directly from our report.

- *The curriculum planning is broad, deep, and comprehensive. It acts an excellent foundation for a high-quality education offer.*
- *Pupils' behaviour for learning and general conduct are strengths. They work well together and respect adults.*
- *The learning environment is calm, consistent, and attractive throughout.*
- *The headteacher and her team have secured rapid improvement in a short time on a number of fronts, including quality of education, personal development, behaviour and attitudes and leadership and management*
- *Highly consistent phonics teaching is already impacting pupils' progress in reading.*
- *Subject leaders are enthusiastic, well-informed, and growing in confidence.*
- *Behaviour in lessons is positive all-round school. Pupils are polite and friendly. They work well with their peers.*
- *Pastoral care is a vital component of the school's core work,*
- *In the resourced provision, adults provide a nuanced and personalised approach to learning and pastoral care. As a result, pupils are happy and thriving in school, whilst making progress in their learning.*

As always, we continue to work on developing our school even further.

Thank you to the parents our attended our curriculum workshop on Friday. It was great to share with you, our whole school curriculum offer and what this looks like and to give you an overview of the learning that takes place right across the school in all subjects.

Well done to our children who have all worked so hard this term. They all finished with an Easter egg hunt in the school grounds. I hope you all enjoyed a well-deserved two-week Easter break.

Have a great weekend everyone

Mrs Callaghan

Uniform reminders

In the summer term, pale blue gingham summer dresses may be worn in school

Here is a reminder of correct school uniform. If parents have any uniform that is now too small, we would like to start a uniform bank within school. If any items of uniform are too small, please wash them and send them into school and I will keep a running record of what we have available should there be any families in need.

Item of clothing	School agreed standard
Shirt	White buttoned cotton shirt
Bottoms	Mid or dark grey (not black) Trousers/skirt/shorts/pinafore dress Summer Term options: Shorts/light blue checked summer dress
Jumper	Navy blue with logo V Neck Jumper or cardigan
Tie	Navy and white diagonal striped Elasticated
Shoes	Sensible black flat school shoes or plain black trainers with no other colour/logo
Socks	White/grey/black Grey tights
Nursery	White polo top and grey or navy-blue joggers/leggings with Navy Blue school jumper or cardigan with Logo
PE	White plain t-shirt Navy blue shorts Black plimsolls Outdoor kit- Plain navy tracksuit bottoms/jumper and trainers.

Please note that trainers are permitted under our uniform policy, but these must be plain black. **PE kits should be in school every Wednesday** as all children will have PE on this day. Children will be asked to wear one of the spare kits if full kit is not in school.

Learning this week...

In our final week of the spring term, we have enjoyed lots of egg related activities! We made split pin eggs with our choice of egg laying animal inside, then wrote instructions on how to make one. We looked closely at our frogspawn and observed the first tadpoles to appear. Our favourite part of the week was Friday's egg hunt, we worked with our friends to find as many eggs as we could, counting out the final number! The EYFS team hope you all have a lovely Easter break and look forward to seeing you all ready for the Summer term!
Miss Curtis

This week Snowy Owls have been writing their instructions for how to build a habitat for the mysterious creatures we found. They have been trying really hard to include all the language features we have been learning about. In Maths this week we have been focusing on division. The children have worked hard using the resources to show the sharing method and transferred this into their books with a written method too. In Music the children have enjoyed doing solos on the drums and learning new songs from Africa. Have a lovely half term Snowy Owls!
Miss Sands

Hawk Owls have had another busy week. They started off the week writing their own newspaper reports about a missing character being found safe and well. The children have worked hard to use formal language and to include speech punctuation. In maths, we have continued our work on fractions. Year 3 have been consolidating their work on placing fractions on a number lines. Year 4 have been converting mixed numbers into improper fractions. The children have learnt how to mummify a body in history. On Wednesday afternoon the children were invited to a racket skills session at the leisure centre, and they learnt a few skills for playing Badminton. On Friday, the children completed their DT project using air pressure, syringes and tubing! Check out our school Twitter account to see our products. We finished off the term with an Easter egg hunt, although the children had to work for their eggs and answer a timetable question and find the correct egg.
Mrs Price

Desert Owls have been working really hard all week. Year 6 have been working on a range of English and Maths revision activities in preparation for the SATs tests in May. Year 5 have also been working on revising key skills, so that they are really ready for Year 6! We have been using a new computer programme called Arithmagicians to help develop mental maths skills- this is proving very popular. Children will be bringing their logins home. The children have been publishing their twisted tales stories, as we are planning on making them into a book to give to the children in Years1-4. Our stories really are fantastic!
Our school trip to Main Street Church, to take part in the Easter Journey, was very enjoyable. The children engaged really well with the volunteers there and took part in an immersive experience to help them understand the events of Holy Week.
SATs revision materials will be coming home with the Year 6 children for the holidays. I would like to invite Year 6 parents to a meeting on Monday 17th April, when I will give you some ideas for supporting your child through their SATS tests. I hope you all have a really lovely Easter holiday.

Mrs Hayes

Tawny Owls have been learning all about Easter this week. Not only have the KS2 learnt all about the Easter at their Easter journey trip, they were also able to support the KS1 children in their understanding. Our KS2 children were fantastic on their walk up to Main Street for our school visit to church, well done. We then learnt about some important values linking to Easter, such as forgiveness.

Miss Pemberton

Attendance News

Please can we try and ensure a big push on our positive attendance over the final summer term. Our attendance lead has been so pleased with the improvements of some children through sustained attendance at school. Well done!

It is also the run up to KS1 phonics check, KS1 SATS, Y4 multiplication check and KS2 SATS.

Every day is critical in ensuring children are as prepared as possible.

Stars of the week



Dojo Champions

Nursery: Kacper
Reception: Levi
Year 1: Ayden
Year 2: Charlie
Year 3: Malika
Year 4: Charlotte
Year 5: McKenzie
Year 6: Sofia
RP: Jack



Birthdays this week and over Easter

Teddy (8) Amelia-Jayde (5) Kinsley (4) Lexi (5) Archie (4)

★ HAPPY ★
BIRTHDAY!

Healthy breaks for schools

A guide for pupils and parents



school
food

Fruit and vegetables

Help your child get their five a day by including some fruit or vegetables as a snack for their morning break.

This includes all fresh fruit and vegetables and pots or tins of fruit in fruit juice, but not in syrup.

A portion could be:

- 1 medium sized piece of fruit, eg apple, orange, banana, pear
- 2 small fruits, eg kiwi fruits, satsumas, plums
- 1 cup of grapes, cherries or berries
- 1 large slice of pineapple or melon
- 1 cereal bowl of salad, eg lettuce, tomatoes, cucumber and celery
- 3 heaped tablespoons of fresh veg, eg chopped or sliced carrots, peppers or sugar-snap peas
- 3 heaped tablespoons of fruit salad (fresh or tinned in fruit juice)



For younger children (4–6 years), reduce these portion sizes by about half, then increase the amount as they grow. Older primary school children should be eating full portions. To reduce the risk of choking in young children, halve smaller fruits and vegetables like grapes and cherry tomatoes by cutting lengthways.

Not suitable: fruit tinned in syrup, dried fruit (eg raisins, sultanas) and processed fruit bars (eg fruit winders, fruit flakes etc). These are high in sugar and can cause tooth decay, so are not suitable as between-meal snacks.

What is included in healthy breaks for schools?

Drinks

It is important that children drink enough during the day, so that they don't become dehydrated and tired. Water should be freely available throughout the school day and drinks should always be included for break time and lunch. Water and milk are the most suitable drinks for children.

Water: tap water or unflavoured, still, bottled water.

Milk: all whole, semi-skimmed or skimmed unflavoured milk.

Not suitable: fruit juices (including pure fruit juice), smoothies, sparkling water, squash or fizzy drinks, even those labelled 'no added sugar', 'diet' or 'zero'.



Bread-based snacks

Children need more or less energy (calories) depending on their age and stage of development. Bread-based snacks can help to meet these extra energy needs and help your child feel more satisfied.

This includes white or wholemeal bread, rolls or baguettes, toast, plain bagels, wheaten, soda, potato or pitta bread, spread thinly with a little margarine, low-fat spread or butter; plain bread sticks, plain crackers or plain unsalted rice cakes; or a small sandwich with a sugar-free filling such as tomato, tuna, chicken, cheese etc.

Not suitable: Sugary spreads, including jam, honey, marmalade or chocolate spread as these are harmful to teeth. Peanut butter is high in fat and salt so is not recommended.

No cereal bars, or sweetened breads and pastries, eg pancakes, scones (plain and fruit), fruit bread, malt loaf, brioche, croissants and Danish pastries as these contain a lot of sugar and/or fat and salt.



Events for Spring 1 Term

Monday 9 th January 5-6pm	Whole School Open Day
Monday 30 th January 9-10am	SEND coffee morning in the hall with our SENCO Mrs Arnaud
Tuesday 7 th February 2-3pm	Phonics workshop with Miss Curtis
Wednesday 15 th and Thursday 16 th February 3.30-6pm	Whole School Parents evening
Thursday 2 nd March 2.30-3.00	World Book Day- parents to come in for hot chocolate and story time
Friday 17 th March FULL DAY	RED NOSE DAY WEAR RED AND DONATE £1 on PARENTPAY
Monday 20 th March 3.30-4.30 pm	Celebration for world Science week Parents to come and look at the work the children have produced for science week.
Monday 27 th March 8.00-8.30 am	Active Travel breakfast in school with Sustrans for parents and children Breakfast from 8.00-8.30am
Monday 27 th March FULL DAY	Dr Bike in school to carry out bike repairs on children's bikes. Letter to follow from Miss Pemberton
Friday 31 st March 9-10.30 am	Curriculum workshop with Mrs Callaghan Opportunity to learn about our whole school curriculum.
Friday 31 st March	SCHOOL CLOSSES at 3.20 for EASTER
Monday 17 th April	School reopens at 8.40am
Monday 24 th April 9-10am	SEND coffee morning SENCO Mrs Arnaud will be present
Tuesday 25 th April	Year 1 and 2 Safety Central visits
Monday 1 st May	BANK HOLIDAY SCHOOL CLOSED
Parents will be invited to King Charles Coronation celebration. More information to follow.	
Monday 8 th May	BANK HOLIDAY SCHOOL CLOSED
Tuesday 9 th May- Friday 12 th May	KS2 SATS week
Wednesday 24 th May	SPORTS DAY Weather permitting- More information to follow
Monday 17 th July	End of year reports go home
Thursday 20 th July	School closes for summer at 1.15pm



Our new Facebook page is now live.

[Frodsham Primary Academy](#)

Our new page will be used to share learning from each class and will also be used to keep you updated with events within school.

Why do we want to do this?

- The children do so many great things in school and much of this you don't get to see or hear about.
- We would love to be able to share photos and videos of things happening in the school day
- We want to make our communications more timely and share more with you.
- It's a useful way to share important information with you, such as school closure due to bad weather.
- Sometimes we update information on our website or on Twitter, so we want a better way to inform you of this.
- It's a great way to share other important information and links with you that wouldn't normally be a part of our standard letters or termly newsletter.

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM



@BELIEVEPHQ



ROLE MODEL

Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



TALKING

Support your child to talk about their problems and how they are feeling

COPING SKILLS

Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging

SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child



WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



PLAY

Promote play and creativity among your child. Allow them to explore



SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing



RELATIONSHIPS

Support your child to build positive relationships with friends and family





SPORTS HOLIDAY CLUB

Helsby Community Sports Centre Holiday Camp Football

Callender Way, Helsby, WA6 0FX
Reception - Year 6

APRIL 3RD - 6TH & 11TH - 14TH

Our action packed sports holiday clubs are specifically designed to engage all children from reception- year 6. They are a great way of sustaining your children's activity levels, along with providing the opportunity to gain new friends and learn new skills.



TIMES & PRICES

MAIN SESSION

9:00am - 15:00pm
£20.00

WRAP AROUND

8:00am - 9:00am
+
15:00pm - 16:00pm
£6.00

20% Discount

When you book & pay
before 26th March. Use code

EAST23

DAY TO DAY STRUCTURE

- | | |
|---------------|--|
| 8:00 - 9:00 | ● EARLY RISER GAMES AND ACTIVITES |
| 9:00 - 9:15 | ● REGISTRAION |
| 9:15 - 10.30 | ● FUN WARM UP GAMES AND SKILLS SESSION |
| 10:30 - 10:45 | ● BREAK |
| 10:45 - 12:00 | ● SMALL SIDED GAMES |
| 12:00 - 12:30 | ● LUNCH BREAK |
| 12:30 - 13:45 | ● SKILL SESSION AND COMPETITIONS |
| 13:45 - 15:00 | ● TOURNAMENTS |
| 15:00 - 16:00 | ● FREE PLAY |

WHAT TO BRING

- Bring suitable clothing and footwear for indoor and outdoor activities.
- Packed lunch and plenty of drinks.
- A huge smile!

HOW TO BOOK

- Log in at s4yc.schoolipal.co.uk and select MAKE BOOKINGS and select holiday clubs.
- Follow the booking flow - School - Activity - Dates - Child.
- Select payment method - If paying by childcare voucher, you will need to login to the voucher providers account and make the payment manually to S4YC. These can take up to 5 days to be verified.
- Receive confirmation email - This may go into junk, please mark it as safe for future emails.



CONTACT INFORMATION

-  www.s4yc.co.uk
-  info@s4yc.co.uk
-  07734 75559

BOOK NOW



SCAN ME



Easter at

Castle Park
Arts
Centre
Frodsham



Kids Craft Workshops
Live Music
Refreshments
Raffle
Tombola
Easter Egg Hunt
on Good Friday

Tues, Wed, Thurs
4th, 5th, 6th April
1.00 - 3.00pm
Good Friday 7th
11.00 - 3.00pm
Booking required
in Lavender Rose in the
Courtyard
or Tel: 07982 598065

All children must be accompanied by an
appropriate adult

Childrens lunch boxes available to order when
booking.



Frodsham

Festival of Walks 2023

Friday 21 April - Sunday 30 April 2023



Frodsham Town Council invites you to take part in our nineteenth Festival of Walks

New for this year we have

- Four Trails
- Walk Mill
- Lost Pubs of Frodsham
- Pickering and Dutton Locks
- Frodsham Art Trail

As well as some old favourites

- Snicketts of Frodsham
- Mindfulness Walk at Snidley Moor
- Bird Walks
- Plus many more...

For further details see our brochures available from Libraries, various outlets throughout Frodsham and Frodsham Town Council Office, Castle Park House, Castle Park, Frodsham or go to our website



frodshamfestivalofwalks.uk

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