



Frodsham Primary Academy
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Dear Parents/Carers

Forest school sessions, beginning Thursday 9th November 2023.

We are delighted to begin offering forest school sessions again at Frodsham Primary academy. Each class will be allocated 2 x half terms throughout the year to take part.

The first class will be Miss Curtis's class with year 2, year 3 and year 4. These sessions will take place every Thursday afternoon for the second half of the autumn term. The first session will be Thursday 9th and the final session of the half term will be on Thursday 14th December. Sessions will take place in the forest on our school grounds.

On Thursdays, Y2,3,4 children should bring their forest school clothing to school in a bag. Your child will be unable to take part within the session unless they have the correct clothing for the weather on that day. Your children should have.

- Sturdy trainers, boots or wellies
- Long trousers
- Long sleeved top (nettles and brambles are always present)
- Waterproof jacket and waterproof over trousers (if possible)
- Your child must bring their own water bottle into school on this day that they can take out to the sessions with them.

Rain will not cause a cancellation. Sessions will only be cancelled if there are severe weather warnings in place or we feel the forest is unsafe due to high wind. Please use old clothes and let your child know that at Forest School they CAN GET DIRTY and you don't mind! We have a few spare pairs of wellies and waterproofs at school, however we do not have enough to go around the whole class so please, where possible, remember your own. Children will bring all clothes home at the end of the school day.

What is forest school?

Forest school is an educational approach that takes place in an outdoor setting, typically in a forest or woodland. It focuses on personal, social, and emotional development through hands-on experiences in nature. Forest school aims to foster a love for the outdoors, build confidence, enhance communication and teamwork skills, and develop resilience and independence in children. Activities can include nature exploration, building shelters, making fires, tracking animals, and engaging in creative arts and crafts using natural materials. The approach is child-led, allowing the children to choose and direct their own learning experiences, while trained adults provide guidance and support. It is important that all children get the opportunity to learn through play.

Any questions, or comments, please email me at apemberton@wpat.uk

Thank you,

Miss Pemberton- Forest School Lead

