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| **Subject: Personal Development; Relationships Year A: Phase 2**  *NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic’s we teach objectives discreetly in MTP’s whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught:*  **RSHE Statutory Guidance**  Families and People Who Care for Me 1a-f  Caring Friendships 2a-e  Respectful Relationships 3a-h  Online Safety 4a-e  Being Safe 5a,c,e-g  Internet Safety 7b-c,e,g  Physical Health 8a-d  Healthy Eating 9a-c  **Non Statutory Guidance Citizenship KS2**  Developing confidence and responsibility and making the most of their abilities 1a-c  Preparing to play an active role as citizens 2a, c, e-f  Developing a healthy, safer lifestyle 3f  Developing good relationships and respecting the difference between people 4a,c-d,g  Breadth of Opportunities 5a-h |
| **Prior Learning (what pupils already know and can do)**  Know that families can be and are different and that they are of equal value and must be respected  Know how to seek advice from family friends, teachers and people in authority  Know what is appropriate touching and what is not appropriate touching  Know when a secret is ok to keep and when one is not if it leads to another person’s harm  Know online safety rules and who to go to when concerned  Know people can behave differently on line |
| **End Points (what pupils MUST know and remember)**  Know how to cope when others fall out with you  Know how to show appreciation of others and of animals  Know how to articulate how they feel when they miss someone  Know what negotiation and compromise mean  Know how their choices effect other people, friends, family and people they do not know  Know that changes can’t happen to their bodies without their permission  Know that you have same rules online as you do for face to face friendships  Know that some online information can be fake or misleading and can impact on your mental health  Know how to help their mental health and how bullying can have a negative effect on it  Know how to talk about their mental health and can express their feeling |
| Key Vocabulary to teach each session; negotiation, appreciation, boyfriend, girlfriend, respect, responsibility, roles, compromise |
| **Session 1:** Families; Role and responsibilities of family members, stereotypes male and female. Marriage is a formal and legal commitment by two people, recognise how family relationships can make you happy or unhappy / unsafe and how to seek help and advice  **Taught Year A Relationships Units 1** |
| **Session 2**: Friendships**; I** can use the skills I have learnt to make friends; turn take, listen andI can recognise how friendships change and how to make new friends and how to manage when I fall out with friends.  **Taught Year A Relationships Units 1** |
| **Session 3**: Choices**;** I know how to use strategies to keep myself safe online, I am aware of the value of the internet and the dangers of online friendships. I know who to ask for help if I am worried or concerned about anything online.  **Taught Year A Relationships Units 1** |
| **Session 4**: Being a global citizen**;** I can explain how some of the actions and work of people around the world help and influence my life. I understand the needs and rights of children around the world and how our lives might be different I understand the needs and rights of children around the world and how our lives might be different  **Taught Year A Relationships Units 1** |
| |  | | --- | | **Session 5: Mental Health**  Children learn about what is meant by mental health and wellbeing. Explore what can help their mental health; healthy life style, food choices exercise. They learn how to get better at recognising their and others emotions and triggers and consequences. They learn the appropriateness of what they are feeling and is it proportionate. They learn how bullying can have a lasting and often negative impact on mental health. Explore feelings of isolation and loneliness and why it’s important to talk about it. | | **Session 6: Wider Safety – Rail and Road;** Learn about playing or using an unmanned rail crossing. Learn about the dangers of live electrical rail tracks. Learn how to cross road safely, when to cross and the signage and road markings what they mean.  **Jigsaw optional age 7-9 Road and Travel Safety** | |