Plant-based Cooking for Summer.Together..2025.odt



"Climate Action Frodsham" invites you to cook for the planet:

"Plant-based Cooking for Summer"

A choice of dates:

1. Date: Saturday 28th June

OR

2. Date: Saturday 12th July

Times: 10.00 am start, finishing about 12.30 pm.

Cost: £10 per person. We ask for a £5 non-returnable deposit.

Venue: Main Street Community Church, Frodsham, WA6 7DF (by kind permission)

Booking – for more details and to book a place please email Ruth using info@climateactionfrodsham.com

Or phone: 01928 733930

Numbers are limited – early booking advised

The sessions are run by "Fresh Beginnings" (a local CIC) https://www.fresh-beginnings.co.uk/community-cooking-classes/

Our thanks to "Frodsham, Helsby & Elton Community Partnership" for a grant to subsidise this session.

Act Globally, Cook Locally www.un.org/en/actnow/food

