Subject: R.E – Exploration – Hindu Dharma Unit 5/6 Year: A – Phase 2

Key Question (to be used all year): Who should we follow?

Focus Question (for this investigation): Why is dharma an important part of Hindu life?

PoS aims from Lancashire SACRE:

- Key features = religious duty, Hindu scriptures (the Ramayana), Raksha Bandhan.
- In this unit, children will explore the concept of duty within Hinduism religious duties, duty to society and duty to the family. They will consider family members in the story of Rama and Sita and what this story might teach Hindus about their role in the family. Children will also:
 - o begin to better understand that dharma (religious duty) is an important part of Hindu life and identify aspects of the celebration which remind Hindus of their dharma
 - suggest the impact of belief in dharma, particularly the belief that there are three 'debts' duty owed to God/the deities, duty owed to teachers, and duty owed to family
 - o describe how and why Hindus might celebrate Raksha Bandhan
 - o identify religious teachings contained within a Hindu story and suggest how these stories might be used to teach Hindu children about dharma (eg. What teachings about duty to family are expressed in the story of Rama and Sita?)
 - o identify sources of authority and inspiration
 - o consider what our 'duties' as human beings are
- reflect on their own duties to themselves, to their families, to their communities

Prior Learning (what pupils already know and can do)

- Children understand Hindus believe in one God (Brahman) who can be worshipped in many forms & each have different qualities and are portrayed in different ways
- Children can suggest why Hindus might believe that it is important to show devotion to the deities
- Children can explain that Hindus might worship at a Mandir and/or the home shrine & suggest why worship in the home might be important.
- Children can describe the meaning and symbolism of items used in worship
- Children have explored the idea of family in religions in Phase 1 e.g. through God the Father and Son and through communities being like families in religious faiths.

End Points (what pupils MUST know and remember)

- To understand that following dharma (religious duty) is an important part of Hindu life
- To recall the story of Rama and Sita and to identify the roles of the family members in the story
- To recognise that many Hindus believe in the 3 duties, which includes 'duty owed to family'.
- To explain that the annual festival of Raksha Bandan celebrates the love between brothers and sisters and describe different ways
 Hindus celebrate Raksha Bandhan

Key Vocabulary

Hinduism, dharma, duty, debts, Raksha Bandhan

Curriculum Connections:

PD – responsibility both at home and in life

Career Opportunities:

- Teacher,
- charity work

Session 1: Why and how is family an important part of life?

Children ask questions, discuss and explore the idea of 'family' and what it means to people (religious and non-religious). They explore the idea of community and its similarities and differences to families.

Suggested activities

- Look at images of different families, which could include both human and animal. Talk about what makes a family and the different roles and responsibilities that family members might have towards one another. Link these roles with the idea of duty it is the sense that there are certain things that we should do.
- Discuss why family is an important part of human life. What role does the family play in developing an individual person? What role does family play in building the wider community? What behaviours and values might people learn from growing up within a family unit?

Medium Term Plan: Supporting Implementation of LTP/Progression Grid

• Link with the idea of duty by asking children what duties they have within their family (chores, tidying up, being kind to a sibling, being polite, following rules etc.). How do these duties contribute to family life?

Vocabulary = family, duty, responsibilities, community

Session 2: What is the Hindu concept of Dharma? What does the story of Rama and Sita teach Hindus about family?

Children recap or learn that Hinduism is a Dharmic religion. They explore and learn about the story of Rama and Sita, investigating the theme of 'family' within the story.

Core knowledge

- To understand that following dharma (religious duty) is an important part of Hindu life
- To identify the roles of the family members in the story of Rama and Sita

Suggested activities

- Introduce the Hindu concept of dharma. It is often translated as 'duty' but can also be understood as the right way of being behaving in a certain way because it is the right way to live.
- Read a children's version of the story of Rama and Sita. Children could retell or act this out Yr 4 children will have learnt story this in Year B so this will be a recap for them.
- Discuss the different family roles in the story and how duties of family members are illustrated in this Hindu text. (King Dasharatha keeps his promise to his wife, Rama obeys his father, Sita goes into exile with her husband, Lakshman is the loyal brother Hanuman is not a family member, but represents the idea of devotion to God).

Vocabulary = dharma, devotion, roles and responsibilities, the Ramayana, Rama and Sita

Session 3: What are the main duties in life?

Children learn about the three debts, which are the duties that they Hindu people believe they should follow in life. Children discuss the importance of family expressed within these 3 debts.

Core knowledge

- To suggest the impact of belief in dharma, particularly the belief that there are three 'debts'
- To recognise that the 3 debts are duty owed to God/the deities, duty owed to teachers, and duty owed to family.
- To know that Hindus believe that there are many paths to the divine and that fulfilling the Three Debts is one way

Suggested activities

- Revisit the story of Rama and Sita from the previous session.
- Discuss what a Hindu might learn about dharma from reading this story. As humans, our duties change during the course
 of our lives. The Ramayana (the story of Rama and Sita) is popular with all ages why might different Hindus take
 different messages from the story?
- Suggest the impact of belief in dharma, particularly the belief that there are three 'debts' duty owed to God/the deities, duty owed to teachers, and duty owed to family. Hindus believe that there are many paths to the divine and that fulfilling the Three Debts is one way.

Vocabulary = dharma, The Three Debts, The Ramayana, duty

Session 4: What is the festival of Raksha Bandhan?

Children learn about the Hindu festival of Raksha Bandhan and its celebration of family. Children explore how the festival might be celebrated.

Core knowledge

- To explain that the annual festival of Raksha Bandan celebrates the love between brothers and sisters. The word 'raksha' means 'protection' and 'bandan' means 'tie.'
- To describe how and why Hindus might celebrate Raksha Bandhan and identify aspects of the celebration which remind Hindus of their dharma.

Suggested activities

- The annual festival of Raksha Bandan celebrates the love between brothers and sisters. The word 'raksha' means 'protection' and 'bandan' means 'tie.'
- Pupils should learn about the Hindu festival of Raksha Bandhan. Teachers can find information here https://www.reonline.org.uk/festival_event/raksha-bandhan/
- Watch the video about how the festival is celebrated https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-my-life-my-religion-hinduism-celebrating-raksha-bandan/zjkygwx
- Children to be given a photograph of the festival celebrations and asked to explain what is happening (including the deeper meaning) this should be in their books.

Vocabulary = Raksha Bandhan, rakhi, tie, protection

Session 5: What duties do you have in life? Reflection

Medium Term Plan: Supporting Implementation of LTP/Progression Grid

Children reflect upon the duties that they have in their own life and the duties that people have around them. They will explore the duties that religious and non-religious people have.

Suggested activities

- Create a list of the duties that the children have in 3 columns: duty to self, duty to family, duty to the wider community. Relook at the word duty have their ideas about duty changed at all? Where do pupils get their sense of 'duty' from?
- Are all these duties important? Allow children time to discuss and consider the importance of duty to self and others.
- Do people have duties in other religions? What about humanists and/or atheists do they have duties if life?
- Who do they know that fulfils their duties? They can discuss how their parents might fulfil their duties or how they fulfil duties at home, in school and in their community. Do they have any role models for this?

Vocabulary = duty

Session 6: Why is family an important part of Hindu life? Reflection and consolidation

Children reflect on their learning from this unit and consolidate their understanding of the importance of family in the Hindu life.

Core knowledge - consolidate and recap

- To understand that following dharma (religious duty) is an important part of Hindu life
- To identify the roles of the family members in the story of Rama and Sita
- To suggest the impact of belief in dharma, particularly the belief that there are three 'debts'
- To recognise that the 3 debts are duty owed to God/the deities, duty owed to teachers, and duty owed to family.
- To know that Hindus believe that there are many paths to the divine and that fulfilling the Three Debts is one way
- To explain that the annual festival of Raksha Bandan celebrates the love between brothers and sisters. The word 'raksha' means 'protection' and 'bandan' means 'tie.'
- To describe how and why Hindus might celebrate Raksha Bandhan and identify aspects of the celebration which remind Hindus of their dharma.

Suggested activities

Ask the question - Why is family an important part of Hindu life? Drawing upon all the learning they have considered in this topic. They should answer this question in the class book e.g. on post-it notes

Future learning this content supports:

- Children will explore the story of Rama and Sita in more detail in year B by looking at the symbolism of good and evil, so this unit will either support or extend that previously taught unit or it will set a basis for further exploration of the story.
- Children this year will continue to look at the idea of role models and this idea of duty that has been explored will underpin that development and understanding. Children will also begin to consider the features of Dharmic religions in more detail, so the investigation of the idea of dharma as duty here, will be helpful.