



Frodsham Primary Academy

12th April 2024

We have had a great first week back in school. Children have settled back into routines and school expectations.

We have had a fantastic response to all of our after-school clubs for this half term, we are looking forward to seeing how much children enjoy them. A little reminder that Monday club does not start until **Monday 22nd April** due to staff training taking place on Monday 15th.

I have listed events on the back page for the remaining summer term. Please keep checking these as events may be added in as the term progresses, but we have tried to plan out as much as possible, so you know what is coming up. There will be a trip coming up for Resource, Rec and Year 1 (date TBC).

During the summer term, all classes will also take part in a local area fieldwork study linked to their history and geophagy studies and teachers will make you aware as these dates come up.

We are looking forward to a fantastic term ahead. This half term is a really crucial time for our Y6 children as they prepare for the end of year SATS exams, and we start to prepare the children for their transition to high school.

Wednesday 17th 9.00-10.00am





Learning this week...

Snowy Owls have had a great first week back. All children have come back to school with a brilliant attitude towards their learning.

This week in maths the children have been looking at extending their number ranges. Reception have been looking at counting all the way to 20 and even higher. Year 1 have been looking at spotting patterns in numbers all the way up to 100.

In English this week we explored our new class text. The children made predictions about the characters in the story and got in role as the main character Erin too.

In Science this week we checked on our runner beans and they have grown even taller and developed more leaves too! We also learned all about deciduous and evergreen trees.

In Geography this week we recapped our learning of the UK and looked deeper into Northern Ireland and Scotland too. Keep up the great work Snowy Owls!

Miss Sands

What a busy first week back we have had! In Hawk Owls we have started our new book in English 'The Lost Happy Endings'. We have only read a few pages so far, but already the children have written their predictions of what they think might happen, compared what makes a good character and a villainous character, and have written some fantastic poems which they then performed for the class.

In Maths the year 2's and 3's have focussed on money, recognsing coins and finding the totals of amounts, whilst the year 4's have looked at decimals with tenths and hundredths.

In RE and PSHE we have looked at families, what can make a family and our roles and responsibilities within the family.

Geography involved comparing two cities, Newcastle and Birmingham. (I think a few children may be asking parents for a trip to Cadbury's World!)

On Wednesday the children got to make their hot sandwiches in DT, we hope they enjoyed them. Thank you to Miss Amy for all her help in the kitchen, we couldn't have done it without you!

Don't forget, swimming starts again next Thursday for Year 3's and 4's.

Miss Curtis

We have had a very busy week in 5/6. In Maths, we have learnt all about degrees in triangles, measuring degrees on straight lines and round a point. We have also been reviewing and looking back at lots of concepts such as multiplying/ dividing by 10, 100 and 1000, prime and composite numbers, arithmetic questions and lots more.

In English, we have started our new text 'Hound of the Baskerville.' We have been immersing ourselves in the genre and the chosen language of a detective themed narrative. We have also been reviewing determiners, articles, relative clauses and reading comprehensions too.

As part of our personal development, the children thoroughly enjoyed talking and exploring the theme of internet safety with social media. They produced excellent posters and PowerPoints on the subject.

Keep working hard 5/6 and strive for the best.

Mrs Harding

This week, Tawny Owls have dived straight back into school routine and have been emersed in learning linking to their new story "The Extraordinary gardener". Children have been getting to know the text and even had a visit from the main character, Joe! Children loved asking Joe lots of questions, including what his favourite colour is.

In Maths, all children have moved onto learning about money. We wanted to make this as practical as possible and give children first hand experiences, so we opened a shop in our classroom. Children enjoyed playing shop and pretending to be shop keepers. All the children had their own money and worked hard to count out money to buy toys and food from the shop

Miss Pemberton

Diary of events for summer term

Monday 8 th April	Return to school	
Wednesday 17 th April 9-10	Parent coffee morning	
Thursday 18 th April	Y3/4 swimming	
Tuesday 23 rd April	Media day in school with 'Opal' our therapy dog	
Thursday 25 th April	Y3/4 swimming	
Wednesday 1 st May	Y2/3/4 Roman Trip to Chester	
Thursday 2 nd May	Y3/4 Swimming	
Thursday 2 nd May	Children's centre being used for voting day	
Monday 6 th May	BANK HOLIDAY SCHOOL CLOSED	
Thursday 9 th May	Y3/4 swimming	
Monday 13 th -16 th May	SATS week for Year 6	
	All Y6 invited to SATS breakfast from 8am.	
Thursday 16 th May 3.30-4.30	Conway meeting for Y5/6 parents and children	
	ALL MUST ATTEND	
Wednesday 22 nd May	Bike ability for Y2/3/4/5/6 non riders	
Friday 24 th May	SPORTS DAY (weather dependent)	
	Whole School 9.15-11.00.	
	More to follow	
Friday 24 th May 3.20	School finishes for half term- 1 week.	
Wednesday 5 th June-Friday 7 th June	Y5/6 residential trip	
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These are also on the school website

Frodsham Primary Academy

School Term Dates 2023-2024



Autumn Term 2023

OPEN	CLOSE	OPEN	CLOSE
Wednesday 6 th September	Friday 20 th October	Monday 6 th November	Wednesday 20 th December
33 days		33 days	

Spring Term 2024

OPEN	CLOSE	OPEN	CLOSE
Wednesday 3 rd January	Friday 9 th February	Monday 19 th February	Thursday 28 th March
28 days		29 0	days

Summer term 2024

OPEN	CLOSE	OPEN	CLOSE
Monday 8 th	Friday 24 th May	Monday 3 rd	Thursday 18 th
April	May	June	July
34 days		33 days	

TEACHER TRAINING DAYS: SCHOOL CLOSED TO PUPILS Monday 4th September 2023 Tuesday 2nd September 2023 Friday 28th June 2024 Friday 19th July 2024 Monday 22nd July 2024



School Term Dates for Frodsham Primary Academy September 2024 - July 2025

	School Opens	School Closes	
Autumn Term 1	Wednesday 4 th September	Friday 18 th October	
October Half Term	Monday 21 ^{et} October – Friday 1 ^{et} November		
Autumn Term 2	Monday 4 th November	Friday 20 th December	
Christmas Break	Monday 23 rd December – Friday 3 rd January		
Spring Term 1	Monday 6 th January	Friday 14 th February	
February Half Term	Monday 17 th February – Friday 21 ^{et} February		
Spring Term 2	Monday 24 th February	Friday 11 th April	
Easter Break	Monday 14th April - Monday 21th April		
Summer Term 1	Tuesday 22 nd April	Friday 23 rd May	
Whit Holiday	Monday 26th – Friday 30th May		
Summer Term 2	Monday 2 nd June	Friday 18 th July	

INSET TRAINING DAYS (staff only – children are not in school)

- Monday 2nd September
- Tuesday 3rd September
- Friday 27th June
- Monday 21st July
- Tuesday 22nd July

10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

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PRACTISE WORKLOAD 1 WISDOM

C RAR The build up to exam season is such a busy and pressurised time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and allows them sufficient time to relax and recharge. Work with them in crafting a revision timetable that's manageable and includes breaks and occasional days off.

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ADVISE CLEARING 2 THE CLUTTER

A disorganised work environment is proven to negatively effect our ability to focus, as well as our emotional state. Encourage children to keep their desk, notes and revision materials tidy – creating a dedicated, well-kept study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision netes.

MASTER THE 3 MATERIALS TOGETHER

Revision seems far harder when a child is uncertain where to begin or what sources to consult. Support them in confirming revision materials with their various teachers – emphasising the importance of gathering a range of resources to get a more comprehensive understanding of the subject. Feeling more prepared should nurture the child's confidence and help to dispel some of their anvietv. their anxiety.

RECOMMEND CREATIVE NOTE-TAK/NG

53 Writing out notes in full – rather than simply bullet pointing – can be a strong start to a child's revision. Reinforce this idea, encouraging the use of flashcards (featuring shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

1336 N 1000 **USE VISUAL AIDS** SMILE 5 AND MNEMONICS

Encourage the use of visual aids like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

Meet Our Expert

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Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Penistone Grammar School.

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Technology can be a huge advantage in exam prep. Educational YouTube channels and revision websites like BEC Bitesize can be immensely powerful resources for helping children to expand and retain their knowledge. You could also recommend the use of flashcard apps and educational podcasts for revision and reminders when young people are on the go. 10 6 k



Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make details more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

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Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.



It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving it their all rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

10 HELP THEM TO 3K SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategles – such as arriving early, reading the instructions and the questions carefully, and pacing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the evan



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