



Physical Education



Frodsham Weaver Vale Primary School - Yearly Overview 2019/2020						
2019/2020	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Forest Schools		Gymnastics	Movement Patterns Dance	Throwing and Catching Ball Games	Running and Jumping (Competitive) Athletics
Year 1/2	Balance and Technique - Movement	Body Control Gymnastics	Indoor Athletics	Attack and Defence Games	Ball Skills - Cricket	Orienteering Map Work (School Site)
	Forest Schools		Ball Skills - Football	Movement Patterns Dance	Competitive Element Athletics	Team Games Hockey
Year 3/4	Attacking and Defending - Tag Rugby	Racket Skills Badminton / Tennis	Forest Schools		Competitive Element Athletics	Orienteering Map Work (School Site)
	Gymnastics	Movement Control Dance	Multi Skills	Team Games Hockey	Striking and Fielding Cricket	Attacking and Defending Netball
Year 5	Movement Control Dance	Body Control Gymnastics	Strength and Conditioning	Invasion Games - Dodgeball	Forest Schools	
	Attacking and Defending - Tag Rugby	Attacking and Defending - Netball	Stamina Building Cross Country	Striking and Fielding Cricket	Competitive Element Athletics	Striking and Fielding Rounders
Year 6	Circuit Training	Swimming	Movement Control Dance	Body Control Gymnastics	Forest Schools	
	Attacking and Defending - Tag Rugby	Attacking and Defending - Netball	Stamina Building Cross Country	Striking and Fielding Cricket	Competitive Element Athletics	Striking and Fielding Rounders

In 2019/2020 Frodsham Weaver Vale Primary School have two separate upper junior classes.